



SYNERGY

TREATMENT CENTERS

What to Bring

Identification

- Valid Driver's License
 - Valid State Issued ID
 - Insurance Card
- If you do not have a valid Driver License or ID, please bring:
- Birth Certificate
 - Voter Registration Card
 - Jail Booking Sheet
 - Employee ID
 - Student ID

Medical

- Tuberculosis Screening/Test Results (within past 90 days)
- Medicine (current prescribed and over the counter)

Clothing

- 2 pairs of pants / 4 jeans
 - 5 shirts (women's shirts must cover backside)
 - 1-2 pairs of shorts (for outdoor activities ONLY)
 - 1 pair dress shoes
 - 1 pair tennis shoes
 - 1 pair work boots
 - Under-garments
 - Socks
 - Belt
 - Cold weather clothing (coat, hat, gloves, etc.)
 - Evening clothing
- Men - Suits and ties, dress pants, button up shirts, kakis, and pull over shirts.
- Women - Dresses or skirts (must come past knees), dress pants and blouses, and dress shoes.

Hygiene Products

- Shampoo/Conditioner
- Tooth brush & tooth paste
- Deodorant (no aerosol)
- Feminine hygiene products
- Soap / shower gel / body wash
- Shaving supplies (razors, shaving cream, etc.)
- Hair styling products (comb, brush, etc. – no hairspray or dye)

Personal Items

- Recovery Reading Material
- Bible
- Pictures of family (must be loose or in a small photo album...NO framed pictures)
- Funds for medications, special items, etc.
- Notebook / folder / binder

What NOT to bring:

- Radios, TV, cell phones, ipods, CDs, DVDs, musical instruments, etc...
- Vehicles
- Jewelry (may have a wrist watch)
- Cologne, perfume, body spray, mouth wash, or spray deodorant
- Open toe shoes or flip flops
- Candy, gum, or food
- Cigarettes (if you smoke, we will provide you with cigarettes)
- Items that are sexually inappropriate or that advertise alcohol/drugs